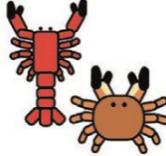
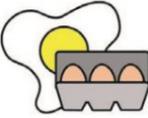
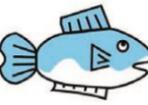
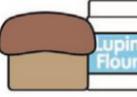
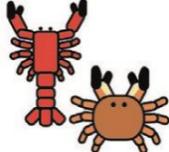
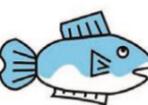
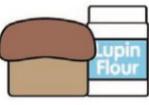


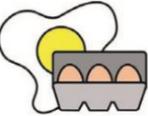
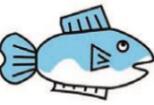
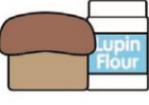
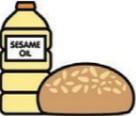
DISHES AND THEIR ALLERGEN CONTENT - WADDES DON C of E SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Pork Cacciatore Served With Apricot Couscous & Mediterranean Vegetables	✓	✓												
Smoked Vegetable Tagine With Lemon & Apricot Couscous & Seasoned Vegetables	✓	✓							✓				✓	
Beef Bolognese Pasta Bake Served With Garlic Bread	✓	✓					✓							
Macaroni Cheese With Ciabatta Garlic Bread	✓	✓					✓							
Blueberry & Lemon Croissant Bake Served With Cream		✓		✓			✓							
Salmon, Spinach & Mascarpone Pasta Bake Served With Ciabatta Garlic Bread & Peas	✓	✓			✓		✓							
Spanish Omelette Filled With Peppers & Potatoes Served With A Caesar Salad		✓		✓	✓		✓							
Katsu Chicken Wrap & Sweet Potato Wedges	✓	✓					✓						✓	
Quorn Sweet Pork Served With Steamed Rice	✓			✓									✓	✓
Mascarpone Summer Fruit Tart		✓		✓			✓							
Red Pesto Chicken Served With Rosemary, Baby Roast Potatoes & Summer Vegetables	✓						✓							
Quorn Mince Bolognese	✓	✓		✓										
Pork Sausages Served With Buttered Mash Potato & A Rich Onion Gravy	✓	✓					✓							
Quorn Mince Bolognese Served With Spaghetti & Broccoli Florets	✓	✓		✓										
Peach & Ginger Crumble Served With Custard		✓					✓							

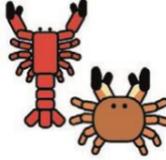
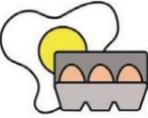
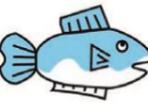
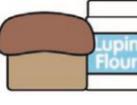
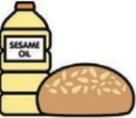
DISHES AND THEIR ALLERGEN CONTENT - WADDES DON C of E SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Greek Style Moussaka Served With A Feta Salad, New Potatoes, & Green Beans	✓	✓		✓			✓							
Arancini Risotto Balls With Arrabbiata Sauce & Roast Vegetables	✓	✓		✓			✓							
Chicken & Chorizo Paella Served With Flatbread	✓	✓												
Vegetable Paella Served With a Flatbread	✓	✓												
Lemon Sherbet Jammie Dodger		✓		✓			✓							
Beef Burgers In A Bun Served With A Selection Of Toppings Served With Chips & Bakes Beans		✓		✓			✓		✓					
Spiced Tofu & Mango Salad Served With Chips		✓		✓										
Spiced Lamb Kofta In A Pitta Bread With Mint Herb Yogurt Dressing Served With Chips		✓					✓							
Strawberry & Ice Cream Pots				✓			✓							
Buttered Chicken Served With Rice, Naan Bread, Onion Bhajis & Sweetcorn	✓			✓			✓						✓	
Sweet Potato & Coconut Curry Served With Rice, Naan Bread, Onion Rings & Sweetcorn	✓	✓		✓			✓							
Lemon Chicken Pasta Bake Served With Garlic Bread	✓	✓					✓							
Penne Pasta Served With A Mascarpone, Tomato & Basil Sauce Served With Garlic Bread	✓	✓					✓							
Spiced Banana Cake Served With A Toffee Sauce		✓		✓			✓							

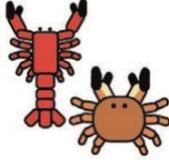
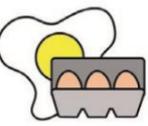
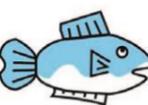
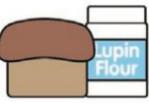
DISHES AND THEIR ALLERGEN CONTENT - WADDESDON C of E SCHOOL

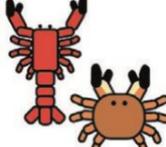
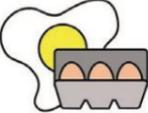
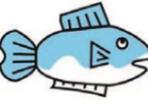
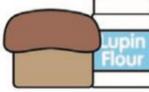
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Lamb Tagine Served With Couscous, Flatbread & Mediterranean Vegetables	✓	✓												
Gnocchi In A Tomato Sauce Served With Garlic Bread & Seasoned Vegetables	✓	✓		✓			✓							
Beef Chow Mein Served With Rice & Broccoli Florets	✓	✓											✓	
Spinach & Sweet Potato Lentil Dahl Served With Rice	✓						✓							
Strawberry Lemon Cheesecake		✓		✓			✓							
BBQ Pork Shoulder Served With Roast Potatoes & Roast Root Vegetables	✓								✓					
Roast Vegetable & Goat Cheese Strudel & Roast Root Vegetables		✓		✓			✓							
Sweet & Sour Pork Served With Egg Noodles & Prawn Crackers	✓		✓	✓									✓	✓
Quorn & Vegetable Stir Fry In A Hoisin Sweet Chilli Sauce	✓	✓		✓									✓	
Chocolate Brownie Raspberry Trifle		✓		✓			✓						✓	
Sausage Plait Served With Mashed Potato & A Medley Of Summer Vegetables		✓		✓			✓							
Quorn Moussaka Served With Summer Vegetables	✓	✓		✓			✓							

DISHES AND THEIR ALLERGEN CONTENT - WADDESDON C of E SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Lamb Meatballs Served With Penne Pasta In A Rich Tomato Sauce	✓	✓		✓										
Vegetable Burrito Topped With Cheddar Cheese & Sour Cream	✓	✓					✓							
Pineapple Upside Down Cake Served With Coconut Custard		✓		✓			✓							
Breaded Fish Served With Chips & Baked Beans		✓		✓	✓		✓		✓					
Spicy Vegetable Chapati Wrap Served With Chips & Baked Beans	✓	✓					✓							
Pepperoni Pizza Served With Chips		✓					✓							
Roast Vegetable Goat Cheese & Pesto Pizza Served With Chips		✓					✓							
Light Raspberry Mousse				✓			✓							
Beef Keema Curry With Rice, Vegetable Samosas, Poppadum's, Mango Chutney & Served With Broccoli Florets	✓	✓							✓				✓	
Creamy Mushroom Stroganoff Served With Rice & Buttered Florets	✓						✓							
Spaghetti Bolognese Served With Ciabatta Garlic Bread	✓	✓					✓							
Vegetarian Carbonara Served With Tagliatelle & Ciabatta Garlic Bread		✓		✓			✓							
Caribbean Coconut Lime Tart Served With Mango Coulis		✓		✓			✓							
Chicken, Leek & Sweetcorn Gratin With Champ Potatoes, Carrots & Green Beans	✓	✓					✓							

DISHES AND THEIR ALLERGEN CONTENT - WADDES DON C of E SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Vegetable Plait Served With Mashed Potato & A Medley Of Vegetables	✓	✓		✓			✓							
Slowly Cooked Pulled Pork Tacos Served With Potato Wedges		✓							✓				✓	
Vegetable Chilli Served With Yellow Rice, Nachos & Cheddar Cheese	✓						✓							
Lemon Posset With Citrus Shortbread		✓					✓							
Roast Gammon Served With Roast Potatoes, Braised Cabbage, Roasted Root Vegetables & Gravy														✓
Spiced Summer Vegetable Pie Served With New Potatoes & Seasonal vegetables	✓	✓		✓			✓							
Chinese Style Chicken Coconut Chilli, Ginger Served With Rice Noodles & Prawn Crackers	✓		✓											✓
Sticky Noodles With Hoisin Sauce	✓	✓		✓									✓	
Strawberry Rhubarb & Stem Ginger Crumble Served With Custard		✓		✓			✓							
Lamb Goulash With Apricot Couscous Served With Roasted Mediterranean Vegetables & Paprika Cauliflower	✓	✓											✓	
Stuffed Peppers Filled With Rice & Vegetables Topped With Goat Cheese & Served With Mediterranean Vegetables	✓						✓							
Minced Lamb Enchiladas Served With A Summer Salad	✓	✓					✓							

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Quorn Sausages In A BBQ Sauce Served With Creamy Mashed Potato & Green Beans		✓		✓			✓							
Chocolate Brioche Bread & Butter Pudding Served With Cream		✓		✓			✓						✓	
Salmon & Lemon Fish Cakes Served With Chips & Baked Beans		✓		✓	✓		✓							
Quorn Fajita Tortilla Wrap Served With Sour Cream, Guacamole, Chips & Baked Beans		✓		✓										
Chicken Fajita Tortilla Wrap Served With Sour Cream, Guacamole & Chips		✓					✓							
Exotic Fruit Eton Mess				✓			✓							