

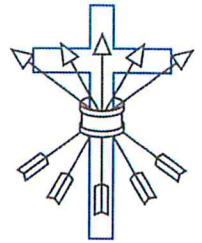
WADDESDON CHURCH OF ENGLAND SCHOOL

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Headteacher: Matthew Abbott



8th November 2019

Dear Parent/Carer,

School Meals

As an advocate of healthy lifestyles, we want to draw parents' attention to some ways in which you can engage with your son/daughter about the importance of a healthy diet at school. We believe that a rounded and nutritious diet is good for health and can also increase students' concentration during lessons.

Using ParentPay, parents are able to monitor food purchased at school on a daily basis. Most children make rounded choices, choosing a main meal at lunch, and combining this with a drink and/or dessert/snack at lunch or second break. However, we are aware that some children only purchase drinks and snacks at school and as such are not accessing a rounded, nutritious or filling diet.

Please can we ask that you check what your son/daughter is eating on a daily basis; where a student is not making rounded choices, we encourage parents to engage in conversations at home about the links between diet, health and concentration levels. If you would like us to help directly by supporting your son/daughter at school, please do let us know.

If you have any concerns that you would like to discuss with the school, please do not hesitate to contact me.

Yours sincerely,

Mr James Sturla