

Mock Exams - Parent's Information

Mock Exams:

- ❖ The mock exams will take place in the Sports Hall
- ❖ If your child is absent, PLEASE phone before school starts (answerphone) or email the school office
- ❖ Students will catch up with any exams missed at some point during the two weeks
- ❖ Exam dispensation will be given to those with identified and assessed needs

Equipment:

- ❖ A clear pencil case
- ❖ Black Pen(s)
- ❖ Pencil (s)
- ❖ Highlighters
- ❖ Maths equipment – ruler, dividers, protractors, compass etc.
- ❖ Calculator

Mock Exams

- ❖ All students received a Mock Exam timetable last week
- ❖ Students have received ideas about revision/timetables during CP
- ❖ A lot of exams over two weeks
- ❖ Start to prepare now – understand, condense, memorise, practise
- ❖ Mock results day January date TBC

What can a parent do?

- ❖ Provide a quiet space for study
- ❖ Take an interest
- ❖ Be positive
- ❖ Encourage revision if your child has not already started
- ❖ Help set up a daily trigger for revision, such as an alarm (make it a daily routine)
- ❖ Remove distractions from revision time – such as a phone
- ❖ Work towards 2 hours per night and 3 hours per day at weekends
- ❖ Understand your child may get stressed and tired
- ❖ Cook a favourite meal or consider other rewards
- ❖ Ensure balance in your child's life

What should a student do?

- ❖ Have a timetable for organised study
- ❖ Have a plan that focuses on areas of weakness (Weakness, Obstacles, Options, Plan)
- ❖ Understand, condense, memorise, practise (ask your child about these)
- ❖ Identify the (subjects or subject areas) that need the most work. Tackle them first! Don't focus on the stuff you already know!
- ❖ Spend most of your time in the final few weeks on memory and practise
- ❖ Retrieval practice: pulling stuff out of our brains is AS important as putting stuff in (find ways to test yourself)
- ❖ Seek help from teachers
- ❖ Regular breaks in study time (at least every hour)
- ❖ Eat healthily, keep hydrated, exercise, sleep
- ❖ Have balance in your life

One's belief in one's ability to succeed

- ◊ If you think you can or you can't, you're probably right
- ◊ Build self-belief through revision, practise and learning from failure
- ◊ Apply the power of 'yet'. Do not say you can't do something; say you can't do it yet!

Parents:

- ◊ You are the expert on your own child and have always been his/her most important teacher. Your support, encouragement and interest can make a spectacular difference to your child's motivation and ability to cope with the academic and organisational demands of the exams.

Routes after Year 11

- ◊ Students are expected to stay in some form of education or training until they turn 18
- ◊ Options available are:
 - ◊ Sixth Form study
 - ◊ College
 - ◊ Apprenticeships
 - ◊ Training whilst earning
- ◊ With the change to the GCSEs, it is important to ask questions about how the new grades will affect courses. We are encouraging our students to aim for a Grade 5 as these grades are likely to open the most doors for them.