

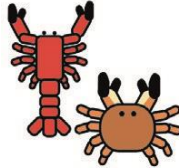
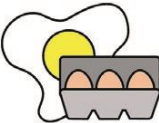
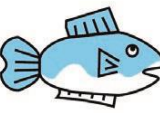
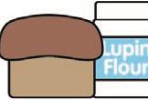











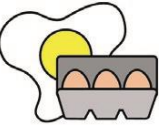
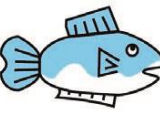
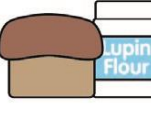












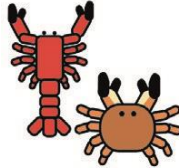
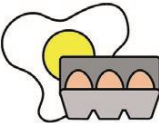
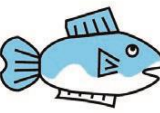
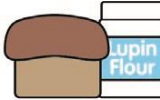






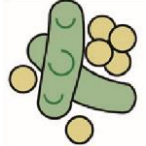

DISHES AND THEIR ALLERGEN CONTENT - WADDES DON C of E SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken Korma Curry Served With Coconut White Rice, Onion Bhajis, Mini Naan Bread & Buttered Broccoli Florets	✓	✓		✓			✓		✓					
Quorn Mince Chilli Con Carne, Served With Nachos, Sour Cream, Guacamole & Sweetcorn	✓	✓		✓			✓							
Beef Bolognese Pasta Bake, Served With Ciabatta Garlic Bread	✓	✓					✓						✓	
Penna Pasta Served With Tomato Basil Sauce & Ciabatta Garlic Bread	✓	✓		✓			✓						✓	
Spiced Banana Cake Served With Toffee Sauce		✓		✓			✓							
Pork Sausages Served With Creamy Mashed Potato, Steamed Carrots With Red Onion Gravy	✓	✓		✓			✓							
Creamy Vegetable Curry With Steamed White Rice, Tempura Vegetables, Naan Bread, & Buttered Broccoli Florets	✓	✓					✓						✓	
Ham & Cheese Panini		✓					✓						✓	
Tuna Melt Panini		✓			✓		✓						✓	
Pesto, Mozzarella & Tomato Panini		✓					✓						✓	
Thai Passionfruit Cheesecake		✓					✓							
Roast Gammon Pineapple Compote, Roast Potatoes, Gravy, Roasted carrots, & Braised Red Cabbage	✓													
Sun Dried Tomato Feta Cheese Bread Butter Pudding, Basil, Pesto & Vegetables		✓		✓			✓						✓	
Beef Chilli Con Carne Served With Nachos, & Lime Guacamole	✓	✓					✓							
Vegetable Red Thai Curry Served With Lime Rice	✓						✓							



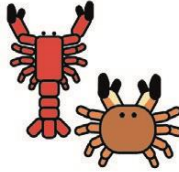
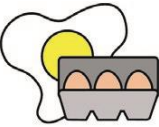
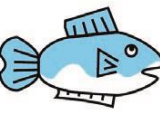






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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Steamed Chocolate Orange Pudding Served With Chocolate Sauce		✓		✓			✓						✓	
Chicken Green Pesto Tagliatelle Served With Green Peas & Garlic Pizza Bread	✓	✓					✓							
Quorn Pieces In A Sweet-Sour Stir Fry Served With Egg Noodles & Green Peas	✓			✓									✓	
Cajun Chicken Burger Served With Garlic Mayonnaise & Rocket Leaves		✓		✓			✓						✓	
Pulled Jackfruit Wrap Served With Spicy Coleslaw	✓	✓		✓			✓		✓				✓	
Apple & Strawberry Crumble Served With Custard		✓					✓							
Fish Finger Sandwich Served With Red Onions With Chips & Baked Beans		✓		✓	✓		✓						✓	
Margherita Pizza, Chips & Baked Beans	✓	✓					✓							
Thin Crusted Pepperoni Pizza Served With Chips	✓	✓					✓							
Thin Crusted Roast Vegetable, Goat Cheese Pizza Served With Chips	✓	✓					✓							
Lemon & Meringue Pot		✓		✓			✓							
Beef Lasagne Served With Ciabatta Garlic Bread, Green Beans & Sweetcorn	✓	✓					✓						✓	
Macaroni Cheese Served With Ciabatta Garlic Bread, Green Beans & Sweetcorn	✓	✓					✓		✓				✓	
Penna Pasta Served With Peperoni In A Tomato Sauce Served With Ciabatta Garlic Bread	✓	✓					✓						✓	
Penna Pasta In Tomato & Chilli Served With Ciabatta Garlic Bread	✓	✓					✓						✓	
Sticky Toffee Pudding Served With butterscotch Sauce		✓		✓			✓							

DISHES AND THEIR ALLERGEN CONTENT - WADDES DON C of E SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Vietnamese Style Caramel Pork Served with egg Noodles & Pak Choi Stir Fry	✓			✓	✓								✓	
Winter Vegetable Pie Served With Buttered Mashed Potato, Peas & Carrots	✓	✓		✓			✓							
Chicken Pesto Panini		✓					✓						✓	
Tuna Melt Panini		✓			✓		✓						✓	
Pesto Mozzarella & Mediterranean Vegetables		✓					✓						✓	
Chocolate & Salted Caramel Tart Serving With Pouring Cream		✓		✓			✓						✓	
Roast Pork & Crackling Served With Apple Sauce, Roast Potatoes, Honey Parsnips & Sauteed Cabbage	✓													
Roast Squash Basil Risotto Served With Vegetables	✓						✓							
Buttered Chicken Served With White Rice & Naan Bread	✓	✓					✓							
Sweet Potato Coconut Curry Served With White Rice & Naan Bread	✓	✓					✓							
Lemon & Raspberry Brioche Bread Butter Pudding Serving With Vanilla Custard		✓		✓			✓						✓	
Chicken Leek pie Served With Buttered Mashed Potato Served With Green Beans & Carrots	✓	✓		✓			✓							
Baked Ricotta Spinach Cannelloni Topped With Rich Tomato Sauce & Mozzarella Cheese & Mediterranean Vegetables	✓	✓					✓						✓	
Bhajis Lamb Burger & Minted Cucumber Raita & Gem Lettuce		✓		✓			✓						✓	
Vegetable Quarter Pounder With Garlic Mayonnaise & Gem Lettuce		✓		✓			✓						✓	

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Carrot Orange Cake Topped With Lime Cream Cheese Icing														
Thin Crusted Pepperoni or BBQ Chicken Pizza Served With Chips & Baked Beans	✓	✓					✓							
Chargrilled Vegetable Quesadilla Served With Chips & baked beans	✓	✓					✓							
Thin Crusted Peperoni Pizza Served With Chips														
Cheese Tomato Pizza Served With Chips	✓	✓					✓							
Banana & Custard Pot		✓		✓			✓						✓	
Lamb Meatballs Linguine Pasta In A Rich Tomato Sauce Served With Baked Italian Bread	✓	✓		✓			✓						✓	
Quorn Bolognese Served With Linguine Pasta & Baked Italian Bread	✓	✓		✓			✓						✓	
Chicken Mascarpone & Basil, Penna pasta, Served With Ciabatta Garlic Bread	✓	✓					✓						✓	
Penna Pasta With Mediterranean Vegetables & Pesto	✓	✓					✓							
Baked Pineapple & Ginger Cake Served With Mascarpone Sorbet		✓		✓			✓							
Beef Rogan Josh Served With Yellow Rice, Tempura Vegetables, Poppadum's & Mango Chutney	✓	✓					✓		✓				✓	
Goat Cheese Basil Tart Topped With Herb Pesto, New Potatoes & Mediterranean Vegetables		✓		✓			✓							
Bacon, Brie & Cranberry Panini		✓					✓						✓	
Tuna Melt Panini														
Chocolate Banana Panini		✓					✓						✓	

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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Winter Apple Blackberry Crumble Served With Custard														
Chicken Supreme, Sage Onion Stuffing, Gravy, Roast Potatoes, Roasted Vegetables, & Cauliflower cheese	✓	✓					✓		✓					
Sweet Potato Masala Pancake Served With Coconut Raita Served With White Rice & Broccoli Florets	✓	✓		✓			✓							
Beef With Coconut Chilli Served With Steamed White Rice	✓						✓							
Sweet Sour Vegetable Stir Fry Served With Egg Noodles	✓			✓										
Vanilla Pan Cotta Served With Strawberry Compote							✓							
Crispy Sweet-Sour Pork Served With Egg Noodles, Buttered Broccoli Florets & Prawn Crackers				✓									✓	
Cherry Tomato, Pepper, Red Onion & Blue Cheese Frittata Served With Vegetables				✓			✓							
Jerk Chicken Burger Served With Mango Lime Coleslaw & Gem Lettuce		✓		✓			✓						✓	
Sweet Potato & Black Bean Burrito Served With Sour Cream	✓	✓					✓							
Lemon Sponge Pudding Served With Custard		✓		✓			✓							
Battered Fish Chips, Homemade Tartar Sauce, Lemon Wedge & Baked beans		✓			✓									
Mince Quorn Kofta Served With Chargrilled Flatbread, Minted Herb Yoghurt, Chips & Baked Beans	✓	✓		✓			✓							
Thin Crusted Peperoni Pizza Served With Chips														
Cheese & Tomato Pizza Served With Chips														
Chocolate Raspberry Mousse				✓			✓						✓	

