

Things to do in the summer

- Keep talking! It is important to talk with your friends and family about coming to Waddesdon CofE School. Talk about the things you are looking forward to as well as the things you are not sure about.
- Write a list of all the things you need to take with you for your first day and remind yourself about the rules about uniform, jewellery, etc.
- If you have a mobile phone, make sure that you have your parents'/carers' contact numbers stored in them. This could be their work number as well as their mobile number.
- Keep reading! Visit your local library or do a book swap with your friends. Reading helps to keep your mind active ready for starting school in September.
- Time the journey to school or to the bus stop so you know what time you must leave the house and which route to take. Do you have someone to travel with? Maybe you could find a travel buddy who walks the same way or gets the same bus.
- Get all your new uniform organised including your PE Kit and shoes. Make sure everything is named clearly.
- Look forward! Change can be scary, but it can also be very exciting. Plenty of new opportunities are waiting for you at Waddesdon CofE School.

Reflect on your transition days at Waddesdon

- My Form Tutor:
- My Form Name:
- My Form Room:
- The lessons I had on my transition days:
- What I enjoyed most:
- What I am most looking forward to:
- Questions which I still have:

Preparing for your first day

TASKS	WHAT THIS INCLUDES	TICK WHEN COMPLETED
Pack your pencil case	<p><u>You should include:</u> Pens, pencils, ruler, rubber, pencil sharpener, glue stick, scissors, maths equipment such as compass, protractor and a calculator.</p> <p>You will also need earphones and colouring pencils.</p>	
Pack your bag	<p><u>You should include:</u> Pencil case and maths equipment (if separate), glue stick, scissors, water bottle, lunch box/restaurant card.</p>	
Pack your PE kit	<p><u>You should include:</u> BOYS: Hooded sweatshirt, rugby jersey, rugby shorts, polo shirt, black shadow-stripe shorts, plain black games socks, shin pads, gum shield, football boots, outdoor trainers, indoor trainers and a named towel.</p> <p>GIRLS: Hooded sweatshirt and polo shirt, black shadow-stripe shorts, plain black games socks, shin pads, gum shield, totally black tracksuit trousers, football boots, outdoor trainers, indoor trainers and a named towel.</p>	
Learn to tie a tie!	<p>Spend some time practicing how to tie your tie ready for your first day. Ask your parent/carer to help if you have never done this before.</p>	
Go on to the school website	<p>Have you familiarised yourself with the school website? There are some videos on there from Mr Abbott and Miss Hoe as well as information about Waddesdon School. https://www.waddesdonschool.com/year-6-transition/</p>	
Do some research	<p>Still feeling a little nervous? Head to BBC Bitesize and watch some of the videos. There are some top tips including advice on making new friends, a typical day in secondary school and guide to the different subjects you'll be learning. https://www.bbc.co.uk/bitesize/tags/zh4wy9q/starting-secondary-school/1</p>	

All about you: creating your profile

Complete your 'profile' together with your family. This will give you the opportunity to think about what you would like your new form tutor and Head of Year, to know about you.

Draw or find a picture of yourself that you really like and stick it in the middle of the sheet on the next page.

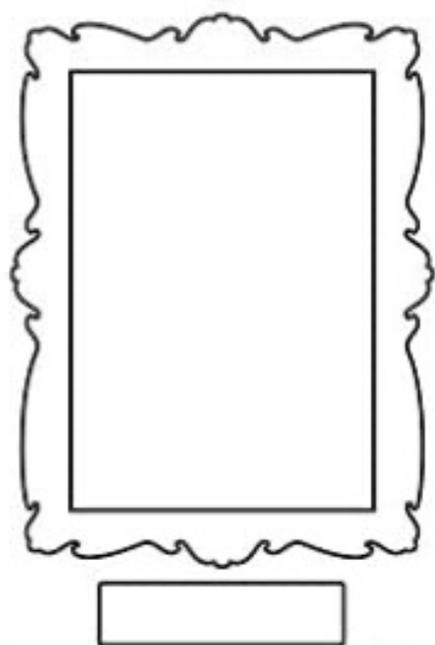
Now, think about all the positive characteristics you have and the things you like to do in your spare time. Ask your parents/carers, siblings or grandparents for help if you are struggling with this.

Here are some questions for you to think about:

- What do you enjoy?
- What are you good at?
- What does your teacher (or other people) like about you?
- What have you achieved this year?
- What's good about you as a friend?
- What have you learnt this year that you have really enjoyed?
- What do you like doing in your spare time?
- What do you think is important?
- What do you value?

Remember to bring this in with you on your first day of term ready to show your form tutor!

There is an example from Miss Hoe, Head of Year 7, for you to have a look at on the next page.

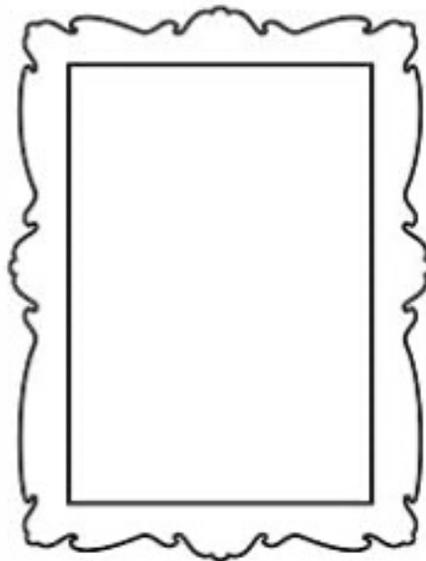


I enjoy spending time with my friends and my family, and going to yoga classes, in my spare time.

My signature dish is chocolate brownies – with lots and lots of chocolate chunks in them!

I like to be busy! I always try and do lots of fun things at the weekends, like going for walks, seeing films at the cinema, visiting my friends, and looking after all the plants in my garden!

I think it's Important to always be kind to the people around you.



I think I am a loyal friend.

I think it's really important to always try your best – even when things are difficult.

Miss Hoe Head of Year 7

I teach history to all year groups at Waddesdon and really, really enjoy my job! My favourite topic to teach is the Tudors.

I have always loved arts and crafts – I love to knit, to crochet, and to make my own cards!

I really enjoy listening to audiobooks in the car – this way, I can listen to far more books than I would have time to read! I think trying lots of different books is important for everyone.

English Challenge: reading is the key to learning!

Over the summer holidays you could focus on your reading skills in preparation for starting at Waddesdon School.

Reading has many positive benefits, these include:

- **Strengthening your brain** - reading can help you to concentrate more.
- **Develop social skills** - reading can help you develop social skills such as communication
- **Increasing your vocabulary** - you can learn new words that you can then use in your own writing in all different subject areas.
- **Help you to get a better night's sleep** - reading before bed instead of looking at a screen can help your body to prepare you better for sleep and in turn, you'll have a better night's sleep!
- **Increasing your imagination** - reading can help develop your imagination and creativity

Here are some great books you could read over the summer...

- **HORROR**: The Graveyard Book by Neil Gaiman
- **SCI-FI**: The Hunger Games by Suzanne Collins
- **MYSTERY**: The Curious Incident of the Dog in the Night-time by Mark Haddon
- **FUNNY**: Mr Stink by David Walliams



You can find other recommended titles here:

<https://schoolreadinglist.co.uk/reading-lists-for-ks3-pupils/suggested-reading-list-for-year-7-pupils-ks2-age-11-12/>

There are other ways to get reading, why don't you...

- Download the Libby Library app - Meet Libby is an app that lets you log in to your local library to access e-books, audiobooks, and magazines, all for free!
- Keep up to date with the news by reading articles on: www.bbc.co.uk/newsround

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CHALLENGE...

- Select a **fiction** book you have never read before, read the book and then have a go at one or more of these tasks:
 - **Write a review of the book**
 - This could include a brief explanation about the book, what you liked/disliked, your favourite characters and whether you would recommend this book to a friend.
 - **Do some drawing or painting**
 - Select three characters from the book and draw/paint pictures of what you think they look like. You could include a commentary explaining why you have drawn/painted them this way.
 - **Design a film poster**
 - Design a film poster to advertise a cinema adaptation of the film. You could include a commentary explaining why you have designed it this way.
 - **Creative writing**
 - Produce a piece of creative writing inspired by your book. You could write an alternative ending or a section of the sequel.

History Challenge: create a timeline of your life!

“Chronology” is a very important key term in history it simply means putting dates into an order starting with the earliest to the most recent event.

Your challenge: you need to create a timeline in chronological order showing a minimum of 10 key events of your life so far

You can use the template on the next page or be creative in your presentation and make your own.

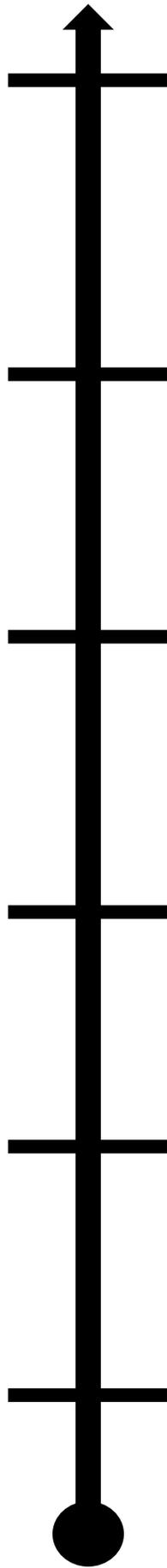
Make sure you include images and photographs to show your key life events too. Speak to your family to help you with remembering key dates that you could include.

*Hint: start with your birthday and make it as up to date as possible Try to include a fun event from your Summer Holidays

Things you could include:

- Important milestones such as when you first said a word, took your first steps or even started primary school.
- Holidays and activities you've been apart of
- When younger siblings/family member were born
- Your greatest achievements
- Memorable days out





Geography Challenge: learn about the world!

What do you know about different countries around the world? Why not start with Europe. Can you list all the countries you have travelled to or are able to name?

Why not have a go at one or more of these activities:

- Can you name all the countries in Europe? (There are 44!)
- How many of the countries you have named are you able to locate on a map? You could look in an atlas, on a globe or print a map off the internet
- Can you name all the capital cities?
- Can you identify, or even better, draw the correct flag for each of the countries?

Too easy...why don't you start looking at the rest of the world? There are 195 countries in the world, how many of them can you:

- Name?
- Identify the capital cities for?
- Identify or draw the flag?

Why not push yourself a little further, and pick a favourite country – then find out facts such as population size, language(s) spoken, traditional cuisine, and historical sites of interest? You could even make a poster to display all your research!

Art Challenge: create a self-portrait!

Experiment with different materials to create a self-portrait or a portrait of someone in your family. Below are some examples of the materials you could use to create it:

- Paint – water colour, acrylic, poster paints, etc.
- Newspapers and magazines
- Scraps of paper including wrapping paper
- Chalk
- Different coloured pens
- Crayons
- Pencils
- Things you find outside – leaves, pebbles, sticks, etc.

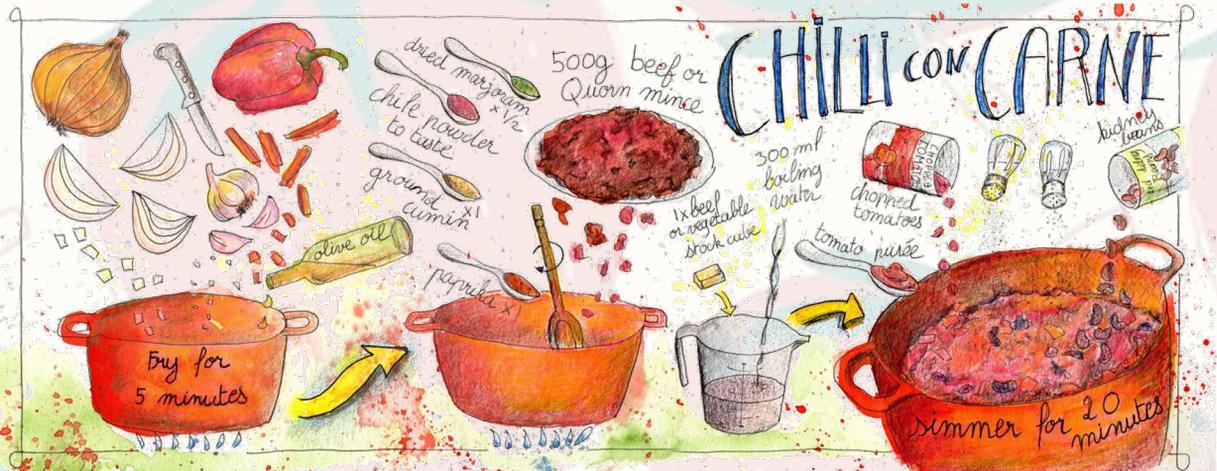


Some famous artists who have created amazing self-portraits include:

- Gustave Courbet
- Vincent van Gogh
- Pablo Picasso
- Rembrandt van Rijn
- Artemisia Gentileschi
- Andy Warhol



Food Tech Challenge: get cooking!



Maths Challenge: build up your number skills!

There are lots of great websites to help you stay on top of your Maths skills over the summer. Why not practice some of the areas you feel less confident in. There are lots of activities on BBC bitesize: <https://www.bbc.co.uk/bitesize/subjects/zqhs34j>

Creating graphs, charts, percentages and averages

- Go out into your local area and create a tally chart of the modes of transport you see during a set time period e.g., 10 minutes.

Vehicle	Tally
Car	
Motorbike	
Van	
Bicycle	
Bus	

- Using the data in your tally chart, can you:
 - Create a pie chart?
 - Create a bar graph?
 - Work out the percentages for each mode of transport?
 - Work out the mean, median and mode?

Maths Challenge: build up your number skills!

Maths Maze

- Find your way from top to bottom by following the path of correct answers. You can only exit a cell if the number matches the answer to the problem.



$\frac{90}{\div 9} \quad 9 \quad 17$	$\frac{12}{+ 7} \quad 19 \quad 5$	$\frac{24}{- 19} \quad 5 \quad 9$	$\frac{3}{\times 4} \quad 12 \quad 5$	$\frac{9}{- 1} \quad 10 \quad 6$	$\frac{12}{- 9} \quad 3 \quad 27$	$\frac{10}{\times 3}$
10	19	2	11	8	2	30
2	42	18	17	4	13	24
$\frac{19}{- 17} \quad 3 \quad 39$	$\frac{14}{\times 3} \quad 42 \quad 21$	$\frac{11}{+ 10} \quad 21 \quad 20$	$\frac{13}{+ 7} \quad 22 \quad 2$	$\frac{10}{- 7} \quad 3 \quad 11$	$\frac{15}{- 2} \quad 10 \quad 22$	$\frac{15}{+ 8}$
2	45	22	20	6	12	23
13	7	9	17	6	22	33
$\frac{52}{\div 4} \quad 13 \quad 4$	$\frac{16}{\div 4} \quad 4 \quad 11$	$\frac{121}{\div 11} \quad 10 \quad 16$	$\frac{11}{+ 6} \quad 18 \quad 7$	$\frac{8}{\div 2} \quad 2 \quad 21$	$\frac{43}{- 22} \quad 18 \quad 31$	$\frac{21}{+ 9}$
13	4	13	17	4	20	30
21	9	10	2	7	8	4
$\frac{3}{\times 7} \quad 28 \quad 12$	$\frac{81}{\div 9} \quad 6 \quad 6$	$\frac{30}{- 21} \quad 9 \quad 2$	$\frac{19}{- 17} \quad 4 \quad 11$	$\frac{90}{\div 10} \quad 10 \quad 9$	$\frac{16}{\div 2} \quad 10 \quad 5$	$\frac{17}{- 15}$
21	9	9	3	9	11	2
6	29	10	14	10	19	48
$\frac{48}{\div 8} \quad 3 \quad 30$	$\frac{16}{+ 13} \quad 28 \quad 9$	$\frac{90}{\div 9} \quad 13 \quad 6$	$\frac{2}{\times 6} \quad 8 \quad 12$	$\frac{144}{\div 12} \quad 15 \quad 16$	$\frac{21}{- 2} \quad 22 \quad 52$	$\frac{13}{\times 4}$
6	29	10	12	11	21	52
20	13	20	6	8	16	23
$\frac{14}{+ 6} \quad 23 \quad 11$	$\frac{29}{- 16} \quad 13 \quad 20$	$\frac{31}{- 11} \quad 19 \quad 2$	$\frac{24}{\div 8} \quad 5 \quad 11$	$\frac{120}{\div 12} \quad 10 \quad 17$	$\frac{15}{+ 2} \quad 15 \quad 24$	$\frac{15}{+ 8}$
22	12	22	3	10	20	23
8	25	132	4	24	14	19
$\frac{29}{- 22} \quad 7 \quad 27$	$\frac{20}{+ 7} \quad 27 \quad 144$	$\frac{12}{\times 12} \quad 144 \quad 3$	$\frac{8}{- 5} \quad 6 \quad 22$	$\frac{12}{\times 2} \quad 24 \quad 12$	$\frac{60}{\div 5} \quad 12 \quad 19$	$\frac{33}{- 14}$
6	30	144	5	14	13	20

PE Challenge: get active!

Challenge yourself this summer to get active and achieve a new goal!

It could be something brand new you have always wanted to do such as going trampolining or rock climbing in a local centre or pushing yourself to achieve a new PB.

Here are some ideas of the sorts of things you could do this summer:

- **One mile challenge** – Cover a mile as fast as you can! This could be walking, cycling, scooting, skateboarding or even swimming! Over time, see if you can reduce the time it takes to get a new PB.
- **Step Challenge** – challenge your friends to a step challenge – who can complete the most steps in a day? Alternatively, can you complete a minimum of 10,000 steps everyday for a week? You'll need a fitness band, or you could use your phone!
- **Own a segment** – using the strava app (it's free to join) can you be the quickest runner or cyclist for a particular segment? How long can you hold on to your crown for?
- **Swim challenge** – cover 100 metres as a starter – how quickly can you do it in? Can you complete the same distance using three different strokes, for example breaststroke, front crawl, back stroke or even the butterfly?
- **Team sports** – Can you get a team together in your area to play a team sport? You could organise a 5 a-side football match, play ultimate frisbee or even make up your own game.
- **HIIT workout** – Can you complete a 20-minute HIIT workout. There are lots of free ones online if you search on YouTube or even make up your own...can you get a family member or friend involved too?

And finally... venture out and visit local attractions!

There are lots of great places you can visit in the local area. See how many of these you can tick off over the summer...

THE ATTRACTION	FOLLOW UP CHALLENGE	TICK WHEN COMPLETED
The Natural History Museum, <i>Tring</i> (This museum is free)	Take a selfie with your favourite animal exhibition and create a fact sheet about it OR spend some time drawing the animal	
The Bucks County Museum, <i>Aylesbury</i> (There is a fee for this museum)	Attend the Roald Dahl exhibition and find out more about some of your favourite books such as James and the Giant Peach or the Twits.	
Natural History Museum, <i>Oxford</i> (This museum is free)	Take a selfie with the Iguanodon. Research it's habitat, prey and any other relevant information.	
Visit a town or village and find a statue of a famous person	Take a picture and research the person so you can explain who they were, what they did and why they deserve to have a statue built after them.	
Visit your local church	Complete a timeline of its history using the evidence you can find from the graves, walls and artefacts in the church.	
Bucks Goat Centre, <i>Aylesbury</i> (There is a fee for this museum)	Find out as much as you can about the alpacas. Take some photos and research where they live and how they are suited to their environment.	
Complete the Aylesbury Heritage walk (There is a £1 charge for the booklet, link below)	Take 5 pictures of the objects you find and describe why they have been chosen to be on the trail.	

<https://www.visitaylesbury.co.uk/directory/listing/Aylesbury-heritage-walk>