


DISHES AND THEIR ALLERGEN CONTENT – WADDESDON SCHOOL

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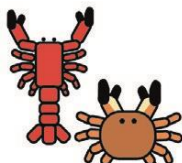
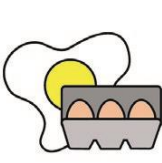
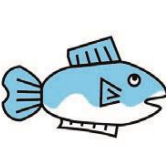









DISHES AND THEIR ALLERGEN CONTENT - WADDESDON C of E SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Sun Dried Tomato & Feta Bread 'n' Butter Pudding served with Winter Vegetables		✓		✓			✓						✓	
Beef Burger served with Brioche Bun & Cheese		✓		✓			✓						✓	
Carrot Burger served with Chargrilled Halloumi Cheese & Minted Yoghurt	✓	✓		✓			✓						✓	
Peach Upside Down Cake served with Coconut Custard		✓		✓			✓							
Chicken & Pesto Tagliatelle served with Green Peas & Ciabatta Garlic Bread	✓	✓					✓							
Sweet 'n' Sour Quorn Stir Fry served with Egg Noodles & Green Peas	✓	✓		✓									✓	
Chicken Tikka Naan served with Mango Chutney & Minted Yoghurt	✓	✓		✓			✓		✓					
Quorn Tikka Naan served with Mango Chutney & Minted Yoghurt	✓	✓		✓			✓		✓					
Raspberry & White Chocolate Croissant Bake served with Cream		✓		✓			✓						✓	
Cod Fish Finger Sandwich with Pickled Red Onions, Chips & Baked Beans		✓		✓	✓		✓						✓	
Sweet Potato & Black Bean Wrap served with Chips & Baked Beans	✓	✓					✓							
Pepperoni Pizza with Chips		✓					✓							

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Baked Ricotta & Spinach Cannelloni topped with Rich Tomato Sauce & Mozzarella Cheese served with Mediterranean Vegetables	✓	✓		✓			✓						✓	
Sloppy Joe Minced Beef in Barbecue Sauce topped with Grated Mozzarella, Salad & a Brioche Bun	✓	✓		✓			✓						✓	
Lebenese Quorn served with Brioche Bun, Salad & Mozzarella Cheese	✓	✓		✓			✓							
Apple & Blackcurrant Crumble Tart served with Vanilla Custard		✓		✓			✓							
Thin Crusted BBQ Chicken or Pepperoni Pizza with Chips & Baked Beans		✓					✓							
Chargrilled Vegetable Quesadilla served with Chips & Baked Beans	✓	✓					✓							
Banana Toffee Pot		✓		✓			✓							
Swedish Meatballs in a Creamy Gravy Sauce served with Linguine Pasta & Baked Tomato Bread	✓	✓		✓			✓		✓				✓	
Quorn Bolognese served with Linguine Pasta & Baked Tomato Bread	✓	✓		✓			✓		✓				✓	
Cajun Chicken Burger served with Garlic Mayonnaise & Rocket Leaves		✓		✓			✓							
Treacle Sponge served with Custard		✓		✓			✓							
Pork Sausages served with Creamy Mashed Potato, Steamed Carrots with Red Onion Gravy	✓	✓					✓							

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Pear, Goats Cheese & Rocket Tart served with Herb Pesto & Mediterranean Vegetables		✓		✓			✓							
Chicken Pesto Panini		✓					✓							
Chocolate Raspberry Cake topped with Chocolate Buttercream		✓		✓			✓						✓	
Chicken Supreme, Pork & Orange Stuffing, Roast Potatoes, Root Vegetables, Broccoli Cheese & Gravy	✓	✓					✓		✓					
Sweet Potato Masala Dose Pancake served with Coconut Raita, White Rice & Broccoli Florets	✓	✓		✓			✓							
Rhubarb Ginger Crumble served with Vanilla Custard		✓					✓							
Chorizo & Sweet Potato Spanish Omelette served with Green Beans & Sweetcorn	✓			✓			✓							
Roasted Squash & Three Bean Tomato Stew served with Herb Dumplings, Green Beans & Sweetcorn	✓	✓					✓						✓	
Lamb Meatball Naan served with Harissa Yogurt, Rocket Leaves & Pickled Tomatoes	✓	✓		✓			✓							
Quorn Meatball Naan served with Harissa Yogurt, Rocket Leaves & Pickled Tomatoes	✓	✓		✓			✓							
Jam & Coconut Sponge served with Pink Custard		✓		✓			✓							
Buffalo Chicken Burger & Spicy Coleslaw, served with Chips & Baked Beans		✓		✓			✓							
Minced Quorn Kofta served with Chargrilled Flatbread, Minted Herb Yoghurt, Chips & Baked Beans		✓		✓			✓							
Carrot Cake & Mascarpone Pot		✓		✓			✓							