



# Family Support Service

## Nurture Programme Parenting group

The Nurture Programme is a 10-week parenting group for parents that aims to empower parents to:

- build positive relationships
- encourage co-operative behaviour
- develop resilience, empathy, and self-esteem in themselves and their children.

Places must be booked prior to the course starting.

To register for the programme please email, phone or scan the QR code.



### Get in touch



01296 383293



earlyhelpduty@  
buckinghamshire.gov.uk



**Aylesbury**  
**Thursdays**

**11 January to 21 March**  
**12:30noon to 2:30pm**



**High Wycombe**  
**Thursdays**

**11 January to 21 March**  
**10am to 12noon**



**Amersham**  
**Tuesdays**

**16 January to 26 March**  
**10am to 12noon**

For more information please visit  
[familyinfo.buckinghamshire.gov.uk/familysupport](http://familyinfo.buckinghamshire.gov.uk/familysupport)



**SCAN  
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