

Family Support Service

Talking Teens

Parenting support programme

Talking Teens is a 5-week programme for parents of teenagers with a focus on:

- relationships within the family
- communication
- negotiating
- decision-making
- strategies to reduce conflict

Places must be booked prior to the course starting.

To register for the programme please scan the QR code.



Aylesbury
Tuesdays
9 January to 6 February
10am to 12noon



Beaconsfield
Tuesdays
20 February to 19 March
6pm to 8pm



Online
Thursdays
11 January to 8 February
6pm to 8pm

