





DISHES AND THEIR ALLERGEN CONTENT - WADDESDON C of E SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chilli Beef Nachos with 50/50 Wholegrain/White Rice, Sour Cream, Guacamole & Jalapeno Chillies	✓	✓		✓			✓							
Vegetable Curry with 50/50 Wholegrain/White Rice, Naan Bread & Sweetcorn	✓	✓					✓							
Cajun Chicken Burger with Garlic Mayonnaise & Rocket		✓		✓			✓							
Vegetarian Burger with Garlic Mayonnaise & Rocket		✓		✓			✓							
Steamed Orange Cake with Coconut Custard		✓		✓			✓							
Pork Goulash with Egg Noodles & Peas	✓	✓		✓			✓							
Roast Vegetable Lasagne with Garlic Pizza Bread & Peas	✓	✓		✓			✓							
Ham & Cheese, or Bacon, Brie & Cranberry or Tuna Melt Panini		✓			✓		✓		✓					
Pesto, Mozzarella & Tomato Panini		✓					✓		✓					
Raspberry & Lemon Cheesecake		✓					✓						✓	
Roast Beef, Yorkshire Pudding, Roast Potatoes, Cauliflower Cheese, Root Vegetables & Mustard Gravy	✓	✓		✓			✓		✓					
Cheesy Carrot Bake with Roast Potatoes, Vegetables & Herb Tomato Sauce	✓	✓		✓			✓							

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Beef Burger with Brioche Bun & Cheese		✓		✓			✓							✓
Carrot Burger with Chargrilled Halloumi Cheese & Minted Yoghurt		✓		✓			✓							
Spiced Peach & Ginger Crumble with Custard		✓					✓							
Creamy Cajun Chicken Pasta with Wholemeal/White Pasta & Garlic Flatbread	✓	✓					✓							
Quorn & Mushroom Tarragon Stroganoff with Glazed Linguine, Green Beans & Carrots	✓	✓		✓			✓							
Chicken Tandoori-filled Naan with Mango Chutney & Minted Yoghurt		✓		✓			✓		✓					
Quorn Tikka-filled Naan with Mango Chutney & Minted Yoghurt		✓		✓			✓		✓					
Warm Chocolate Chip Cookie with Ice Cream		✓		✓			✓						✓	
Breaded Fish with Chips, Baked Beans, Lemon Wedge & Tartare Sauce		✓			✓		✓							
Warm Puff Pastry Tart with Mediterranean Vegetables, Goats Cheese & Green Pesto, Chips & Baked Beans	✓	✓		✓			✓							
Thin Crusted Pepperoni or Halal BBQ Pizza with Chips		✓					✓							
Cheese & Tomato Pizza with Chips		✓					✓							

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Strawberry Cream Pot		✓		✓			✓							
Spaghetti Bolognese with Ciabatta Garlic Bread	✓	✓		✓			✓						✓	
Stuffed Spiced Aubergine in Tomato Sauce & Green Beans	✓													
Coconut & Lime Breaded Chicken with Garlic Mayonnaise & Rocket	✓	✓		✓			✓							
Sticky Date & Ginger Pudding with Vanilla Custard		✓		✓			✓							
Chicken Stroganoff with Wholegrain/White Rice & Garlic Flatbread	✓	✓					✓							
Mushroom Fricassee with 50/50 Wholegrain/White Rice & Flatbread	✓	✓					✓							
Halal Chicken Tikka Spiced Mayonnaise Panini		✓		✓			✓		✓					
Lemon Meringue Pie with Pouring Cream		✓		✓			✓						✓	
Honey Roasted Gammon, Roast Potatoes, Roasted Carrots, Braised Red Cabbage & Gravy	✓													✓
Smokey Vegetable Chilli with 50/50 Wholegrain-White Rice, Cheesy Nachos, Sour Cream & Guacamole	✓	✓		✓			✓							
Chocolate Pear Sponge with Chocolate Custard		✓		✓			✓						✓	



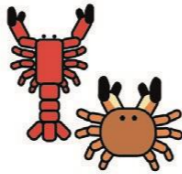


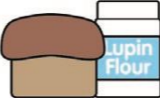








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Chicken Coq au Vin with Mashed Potato, Green Beans & Carrots	✓						✓							
Vegetable Crumble with Tomato Basil Sauce, New Potatoes & Broccoli Florets	✓	✓					✓							
Texas Pulled Pork-filled Naan with Coleslaw & Rocket		✓		✓			✓		✓				✓	
Lebanese Quorn-filled Naan with Coleslaw & Rocket	✓	✓		✓			✓							
Apple & Raisin Brioche Bread 'n' Butter Pudding with Vanilla Custard		✓		✓			✓							
Korean Chicken Burger with Kimchi Coleslaw, Chips & Baked Beans		✓		✓			✓						✓	
Quorn Vegetable Wrap with Chips & Baked Beans	✓	✓		✓			✓							
Halal Tandoori Chicken Pizza & Chips		✓					✓		✓					
Thin Crusted Roast Vegetable, Goats Cheese, Rocket, Pesto Pizza & Chips		✓					✓							
Lemon Panna Cotta topped with Raspberry Jelly							✓							
Chicken Tikka Masala with 50/50 Wholegrain/White Rice, Onion Bhajis, Mini Naan Bread, Mango Chutney & Broccoli Florets	✓	✓		✓			✓		✓					
Roast Pepper, Goats Cheese & Red Onion Tartlet with New Potatoes, Broccoli Florets & a Salsa Verdi Dressing		✓		✓			✓							

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Sultana Sponge with Custard		✓		✓			✓							
Ham, Mushroom & Parmesan 50/50 Wholemeal/White Linguine Carbonara & Garlic Pizza Bread	✓	✓		✓			✓							
Root Vegetable Pie with Mashed Potato & Peas	✓	✓		✓			✓							
Halal Chicken Pesto Panini		✓					✓							
Baked Vanilla Cheesecake with Strawberry Basil Compote		✓		✓			✓							
Roast Pork and Crackling, Apple Sauce, Honey Parsnips, Carrots, Sauteed Savoy Cabbage & Gravy	✓													
Red Lentil Loaf with Mushroom Sauce, Roast Potatoes & Vegetables	✓	✓		✓			✓							
Plum Upside-down Cake with Custard		✓		✓			✓							
Cheese-topped Cottage Pie with Green Beans & Carrots	✓				✓		✓							
Butternut Squash and Spinach Dahl with 50/50 Wholegrain/White & Sweetcorn	✓						✓							
Spiced Moroccan Chicken-filled Naan with Harissa Yoghurt & Pickled Tomatoes		✓		✓			✓							
Barbecue Quorn Mince Wrap with Grated Cheese	✓	✓		✓			✓							

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Apple & Orange Mincemeat Strudel with Pouring Cream		✓		✓			✓							
Pork Sausages, Chips & Baked Beans		✓												✓
Thin Crusted Mediterranean Vegetable Pizza with Chips & Baked Beans		✓					✓							
Thin Crusted Feta Cheese, Spinach & Mushroom Pizza with Chips		✓					✓							
Peach, Orange & Mascarpone Trifle		✓		✓			✓							