



Dear Parents and Carers,

At the start of the summer, I shared with you the requirements related to pupil protective equipment for Physical Education, which can also be found in the parent handbook regarding uniform for PE. Below is a reminder of the necessary equipment, following guidance from the Association of Physical Education.

Football and Rugby

- Students are required to wear gumshields for Rugby and studded boots. These can be [moulded](#) or [metal](#) studs.

Football

- The FA have made it mandatory for the wearing of shinpads for all formally taught Football sessions. Students should also wear a studded boot. Once again these can be moulded or metal studs. Often one boot can cover both Football and Rugby.

Hockey

- Students are required to wear a gumshield and shin pads for their hockey PE lessons. Students can wear trainers or astro shoes.

Jewellery

- We have noticed an increase in the number of students wearing jewellery including bracelets, earrings, rings and watches. **For Health and Safety reasons, all jewellery should be removed** for PE and Games lessons.
- Religious symbols** should be removed or made safe, this includes threads (on wrists or bodies), bangles, a Kada or earrings.
- If items cannot be removed please write to me explaining why, but be aware that items need to be covered **for all activities** with tape and/or a wrist [sweatband](#).

Alongside promoting safe and responsible practice in PE, we discussed our commitment to inclusion and ensuring that all students can access and engage with the curriculum in a meaningful way. At Waddesdon, our aim is for every student to feel part of the learning experience and to play an active role in lessons, even when they are unable to participate fully in the practical aspects of Physical Education.

- When a student is unable to take part physically due to injury, illness, or another valid reason, they are still expected to change into their full PE kit. This helps them remain connected to their peers, maintain a sense of belonging, and continue contributing to the lesson.
- Students may take on valuable roles such as leadership, coaching, officiating, scorekeeping, observation, feedback, or supporting their peers' learning.
- Where appropriate and safe to do so, students may also be able to participate in adapted activities or practise specific skills that are suitable for their individual circumstances.
- To ensure consistency and inclusion for all, students who do not bring their PE kit, whether excused from practical participation or not, will be asked to change into the clean, laundered PE kit provided by the PE department. This supports their continued involvement in the lesson and helps maintain a positive learning environment.

If you, or your child, have any questions or queries please do not hesitate to contact me

Yours sincerely,

Mr Kennedy
Head of PE